

Winter Getaway 2023 Scoop Sheet February 17-19, 2023

Parents, thank you for allowing your child to attend our Winter Getaway! We hope it will be a safe and memorable experience for your child. Please post this Scoop Sheet on your refrigerator so you may refer to it when necessary.

Departure Information - Friday, February 17

- Most students should meet at 12 Noon on Friday, February 17, at East Bergen Christian Church, 320 Beverly Rd, Teaneck, NJ 07666 (This is the same place where we have AYL club.)
- If you are a student from Tenafly High School or Tenafly Harvesters, please meet at 12 Noon on Friday, February 17, at the Harvesters House, 54 Columbus Dr, Tenafly, NJ 07670. In addition, BCA girls should also meet at this Tenafly location.

Schedule Information

- We will be going directly to Big Bear Ski Resort FIRST on Friday, February 17, after we board the buses. We will NOT be stopping for food along the way, so please make sure you eat lunch BEFORE boarding the bus on Friday.
- Also, since we will be going to the ski resort first, make sure you carry your ski/snowboard clothes (e.g., snowpants, animal onesie, goggles, gloves, etc.) with you on to the bus and not underneath with the rest of your luggage.
- Dinner on Friday night will be on your own at Big Bear Ski Resort. This meal is NOT included in the Getaway price. Food at ski resorts is often overpriced, so we recommend bringing at least \$20 for food, drinks, and snacks at the ski resort.

Packing List

Expect outside temperatures to be between 25° and 45°, so please pack accordingly.

Clothing	Ski-Related	Miscellaneous
 comfortable winter clothing (e.g., hoodies and sweatpants) winter hat athletic clothing for the gym/game room sneakers for the gym flip flops for the bathroom underwear for 3 days pajamas (or whatever you wear to sleep) animal onesie (if you have one) 	□ gloves (essential!) □ snowpants (very helpful) □ goggles (helpful) Toiletries □ toothbrush □ toothpaste □ shampoo/bodywash □ contact lenses and solution □ feminine products (for the girls only)	□ face masks (for COVID protection) □ \$20+ for dinner at the ski resort □ spending money for the camp snack bar/store (The camp accepts cash, credit cards, and Apple Pay.) □ cell phone and charger □ water bottle (to stay hydrated) □ laundry/plastic bag (for dirty clothes) □ if you take medicine, please remember to bring it
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You do NOT have to bring a shower towel, pillow, bed linens, or a sleeping bag. These will be provided for you at Lake Champion. All ski/snowboard equipment is also provided, unless you chose to bring your own equipment when you registered.

Return Information - Sunday, February 19

Most students will return to East Bergen Christian Church, 320 Beverly Rd, Teaneck, NJ, on Sunday, February 19, around 7:15 PM. Students from Tenafly will return to Tenafly Middle School, 10 Sunset Ln, Tenafly, NJ, around 7:15 PM. Students will be instructed to call home to let their parents know a more specific arrival time.

Important Policies

- All participants MUST take a COVID test on **Thursday, February 16**. A rapid test using a home kit is acceptable. Please upload a picture of your negative test results at **aylhealth.com/covid** on February 16. If you test POSITIVE for COVID or if you have any other cold/flu symptoms, unfortunately you will not be permitted to attend the Getaway; you will receive a refund.
- Please bring several face masks with you; you may be expected to wear a mask when indoors and/or on the bus, depending on COVID conditions at that time.
- Absolutely NO alcohol, e-cigarettes/juul, hookah, or illegal drugs are permitted. You won't need them to have fun this
 weekend! If you bring any such items to camp, we will notify your parents.
- Always stay in control and always wear your helmet while skiing/snowboarding, stay on trails consistent with your ability, and never ski/board alone. Snowboarders must also wear provided wristguards.

Contact Information

- The Getaway will take place at Young Life's Lake Champion, 247 Mohican Lake Rd, Glen Spey, NY 12737. Skiing/snowboarding will take place only on Friday, February 17, at Big Bear Ski Resort, 192 Karl Hope Blvd, Lackawaxen, PA 18435.
- Students will have access to their cell phones at all times, so parents may call their children directly on their phones. Parents may also call or text the Asian Young Life staff at (201) 777-0-AYL (0295) if there is an emergency.
- · Our email address is: ayl@asianyl.org. To learn more about Asian Young Life, please visit our website: asianyl.org.